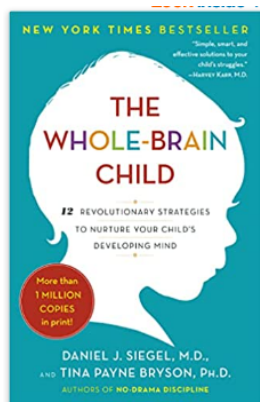


Seneca Highlands IU9
2023 Paraprofessional Book Study
The Whole-Brain Child by Siegel & Bryson



In this pioneering, practical book, the authors present a revolutionary approach to child rearing with twelve key strategies that foster healthy brain development, leading to calmer, happier children. The authors explain—and make accessible—the new science of how a child’s brain is wired and how it matures. The “upstairs brain,” which makes decisions and balances emotions, is under construction until the mid-twenties. And especially in young children, the right brain and its emotions tend to rule over the logic of the left brain. No wonder kids throw tantrums, fight, or sulk in silence. By applying these discoveries to everyday parenting, you can turn any outburst, argument, or fear into a chance to integrate a child’s brain and foster vital growth.

Who is the book study for? Paraprofessionals

How does it work? Participants will borrow or purchase the book: *The Whole-Brain Child* (ISBN-10: 9780553386691) from Amazon (<https://amzn.to/3MzM7aF>) or another source, read the assigned chapters, complete short assignments, and participate in weekly discussions held virtually via Zoom.

When is it? July 12, 19, 26, and August 2. When registering, select the time you want to attend. Your choices are 9:00-10:00 am **or** 10:30-11:30 am **or** 1:30-2:30 pm **or** 6:00-7:00 pm. Registration will be limited to 10 people for each time slot.

What do you need to participate? You must have access to a computer (camera, speakers, and internet), an email address that you’ll check each week starting the week before the book study, and a working knowledge of Zoom. If you’re unfamiliar with Zoom then please watch this three-minute video https://youtu.be/pAMDxH_H-Cs If you haven’t used Zoom then you’ll need to download it onto your computer well in advance of our first meeting.

How many training hours will you receive? Participants who complete all the book study requirements will be issued 11 training hours. Check with your supervisor to make sure the hours count toward your 20 annual training requirements.

How do you register? Call Lacey Neubert at 814-389-1480. She will ask for your name, email address, employer, phone number, and mailing address.

Contact Susie Nussbaum at 814-389-1480 Ext. 203 or snussbaum@iu9.org for all other questions.