Austin, PA 16720 Workers' Compensation Program: Designated Health Care Providers

The following procedures must be followed in case of work related injury or illness:

A. Immediately report the injury to your supervisor. Any injury you sustain at work must be reported immediately to your supervisor. Failure to do so may delay your benefits or cause you to lose your rights to benefits. Supervisors must promptly report injuries to the appropriate personnel office.

B. Obtain medical care from a provider listed below.

Emporium Health Center Urgent Care Clinic 288 Sizerville Rd Emporium, PA 15834 814-486-0810

Baker, Robert D. Orthopedic Surgery 761 Johnsonburg Rd Saint Marys, PA 15857 814-788-8188

UPMC Susquehanna Lock Haven Occupational Medicine 24 Cree Dr Lock Haven, PA 17745 570-893-5000

Optum Available at any major pharmacy PHARMACY 866-599-5426

MedRisk Requires adjuster approval PHYSICAL THERAPY 800-225-9675

Coundersport Family Medicine Urgent Care Clinic 1001 E 2nd St Coudersport, PA 16915 814-274-5255

Rhode Island Medical Services Orthopedic Surgery 761 Johnsonburg Rd Ste 210 Saint Marys, PA 15857 814-834-7163

Shaffer, Mark Allen, DC Chiropractors 3092 Route 155 Port Allegheny, PA 16743 814-642-7236

UPMC Kane Occupational Medicine 4372 Route 6 Kane. PA 16735 814-837-8585

One Call Medical Diagnostics

Requires adjuster approval

DIAGNOSTICS

800-872-2875

One Call Care Dental For the nearest location, please call the toll free number. DENTIST 888-539-0577

Hospital For Emergency Services, please go to the nearest hospital. HOSPITAL (FOR EMERGENCY SERVICES ONLY)

C. Medical Emergency: If you are faced with a medical emergency, you may secure initial emergency treatment from any of the above mentioned emergency facilities or any other emergency facility. However, any follow-up care to the emergency treatment must be with a designated health care provider.

- D. If you choose to treat with an out of state provider, you may be subject to balance billing.
- E. For medical treatment to be paid by your employer:

1. You must select one of the physicians or physician groups listed above.

2. You must continue to visit one of the physicians listed above or any specialist to which that provider refers you, if you need treatment, for Ninety (90) days from the date of your first visit. This requirement is in conformance with the Pennsylvania Workers' Compensation Act, Section 306 (F) (1) (i).

3. After Ninety (90) days, if you still need treatment, you may continue with the same physician or you may choose to go to another physician or health care provider for treatment. If you decide to go to another provider, you must notify your employer of this action within five (5) days of your visit.

4. Your bills will be paid if your physician or healthcare provider reports as required (within ten days after your first visit and at least once a month as long as treatment continues). You must notify the new provider that these reports are to be submitted to the following address:

> AmTrust North America P O Box 94405 Cleveland, OH 44101 888-239-3909 Toll Free 678-258-8399 Fax

Bradford, PA 16701 Workers' Compensation Program: Designated Health Care Providers

The following procedures must be followed in case of work related injury or illness:

A. Immediately report the injury to your supervisor.

Any injury you sustain at work must be reported immediately to your supervisor. Failure to do so may delay your benefits or cause you to lose your rights to benefits. Supervisors must promptly report injuries to the appropriate personnel office.

B. Obtain medical care from a provider listed below.

Bhayani, Shabir, MD Orthopedic Surgery 116 Interstate Pkwy Ste 32 Bradford, PA 16701 814-368-1020

UPMC Kane Occupational Medicine 4372 Route 6 Kane, PA 16735 814-837-8585

Optum Available at any major pharmacy PHARMACY 866-599-5426

MedRisk Requires adjuster approval PHYSICAL THERAPY 800-225-9675

Makhdom, Asim M., MD Orthopedic Surgery 116 Interstate Pkwy Ste 31 Bradford, PA 16701 814-363-9484

Fralick, Ryan Dean, DC Chiropractors 10 Conewango Ave Warren, PA 16365 814-723-2060

For the nearest location, please call the toll free number. **DENTIST** 888-539-0577

Hospital For Emergency Services, please go to the nearest hospital. HOSPITAL (FOR EMERGENCY SERVICES ONLY)

One Call Care Dental

One Call Medical Diagnostics Requires adjuster approval DIAGNOSTICS 800-872-2875

Bowman Health Center

Urgent Care Clinic

83 S Marvin St

Smethport, PA 16749

814-887-5395

Elk Regional Health Center Outpatient

Urgent Care Clinic

104 Metoxet St

Ridgway, PA 15853

814-788-5534

C. Medical Emergency:

If you are faced with a medical emergency, you may secure initial emergency treatment from any of the above mentioned emergency facilities or any other emergency facility. However, any follow-up care to the emergency treatment must be with a designated health care provider.

- D. If you choose to treat with an out of state provider, you may be subject to balance billing.
- E. For medical treatment to be paid by your employer:
 - 1. You must select one of the physicians or physician groups listed above.
 - 2. You must continue to visit one of the physicians listed above or any specialist to which that provider refers you, if you need treatment, for Ninety (90) days from the date of your first visit. This requirement is in conformance with the Pennsylvania Workers' Compensation Act, Section 306 (F) (1) (i).

3. After Ninety (90) days, if you still need treatment, you may continue with the same physician or you may choose to go to another physician or health care provider for treatment. If you decide to go to another provider, you must notify your employer of this action within five (5) days of your visit.

4. Your bills will be paid if your physician or healthcare provider reports as required (within ten days after your first visit and at least once a month as long as treatment continues). You must notify the new provider that these reports are to be submitted to the following address:

> AmTrust North America P O Box 94405 Cleveland, OH 44101 888-239-3909 Toll Free 678-258-8399 Fax

Coudersport, PA 16915 Workers' Compensation Program: Designated Health Care Providers

The following procedures must be followed in case of work related injury or illness:

A. Immediately report the injury to your supervisor.

Any injury you sustain at work must be reported immediately to your supervisor. Failure to do so may delay your benefits or cause you to lose your rights to benefits. Supervisors must promptly report injuries to the appropriate personnel office.

B. Obtain medical care from a provider listed below.

Coundersport Family Medicine

Urgent Care Clinic 1001 E 2nd St Coudersport, PA 16915 814-274-5255

Deforno, Donald, M.D.

Donald J. Deforno MD Orthopedic Surgery 700 South Ave Bradford, PA 16701 814-368-7066

Optum

Available at any major pharmacy PHARMACY 866-599-5426

MedRisk

Requires adjuster approval PHYSICAL THERAPY 800-225-9675

Shaffer, Mark Allen, DC

Chiropractors 3092 Route 155 Port Allegheny, PA 16743 814-642-7236

UPMC Kane

Occupational Medicine 4372 Route 6 Kane, PA 16735 814-837-8585

One Call Care Dental

For the nearest location, please call the toll free number. **DENTIST** 888-539-0577

Hospital

For Emergency Services, please go to the nearest hospital. HOSPITAL

(FOR EMERGENCY SERVICES ONLY)

C. Medical Emergency:

If you are faced with a medical emergency, you may secure initial emergency treatment from any of the above mentioned emergency facilities or any other emergency facility. However, any follow-up care to the emergency treatment must be with a designated health care provider.

- D. If you choose to treat with an out of state provider, you may be subject to balance billing.
- E. For medical treatment to be paid by your employer:

You must select one of the physicians or physician groups listed above.

2. You must continue to visit one of the physicians listed above or any specialist to which that provider refers you, if you need treatment, for Ninety (90) days from the date of your first visit. This requirement is in conformance with the Pennsylvania Workers' Compensation Act, Section 306 (F) (1) (i).

3. After Ninety (90) days, if you still need treatment, you may continue with the same physician or you may choose to go to another physician or health care provider for treatment. If you decide to go to another provider, you must notify your employer of this action

within five (5) days of your visit.

4. Your bills will be paid if your physician or healthcare provider reports as required (within ten days after your first visit and at least once a month as long as treatment continues). You must notify the new provider that these reports are to be submitted to the following address:

> AmTrust North America P O Box 94405 Cleveland, OH 44101 888-239-3909 Toll Free 678-258-8399 Fax

*For medical groups, all providers are eligible to render medical services.

Emporium Health Center Urgent Care Clinic

288 Sizerville Rd Emporium, PA 15834 814-486-0810

Wilkey, Keith, MD

Orthopedic Surgery 195 Pleasant St Unit 5 Bradford, PA 16701 814-362-5701

One Call Medical Diagnostics

Requires adjuster approval DIAGNOSTICS 800-872-2875

Duke Center, PA 16729 Workers' Compensation Program: Designated Health Care Providers

The following procedures must be followed in case of work related injury or illness:

A. Immediately report the injury to your supervisor. Any injury you sustain at work must be reported immediately to your supervisor. Failure to do so may delay your benefits or cause you to lose your rights to benefits. Supervisors must promptly report injuries to the appropriate personnel office.

B. Obtain medical care from a provider listed below.

Makhdom, Asim M., MD Orthopedic Surgery 195 Pleasant St Unit 5 Bradford, PA 16701 814-362-5503

Shaffer, Mark Allen, DC Chiropractors 3092 Route 155 Port Allegheny, PA 16743 814-642-7236

Optum
Available at any major pharmacy
PHARMACY
866-599-5426

MedRisk Requires adjuster approval PHYSICAL THERAPY 800-225-9675 Wilkey, Keith, MD Orthopedic Surgery 195 Pleasant St Unit 5 Bradford, PA 16701 814-362-5701

UPMC Kane Occupational Medicine 4372 Route 6 Kane, PA 16735 814-837-8585

One Call Care Dental
For the nearest location, please call the toll free number.

DENTIST

888-539-0577

Bowman Health Center

Urgent Care Clinic

83 S Marvin St

Smethport, PA 16749

814-887-5395

Coundersport Family Medicine

Urgent Care Clinic

1001 E 2nd St

Coudersport, PA 16915

814-274-5255

One Call Medical Diagnostics

Requires adjuster approval

DIAGNOSTICS

800-872-2875

Hospital
For Emergency Services, please go to the nearest hospital.

HOSPITAL

(FOR EMERGENCY SERVICES ONLY)

C. Medical Emergency: If you are faced with a medical emergency, you may secure initial emergency treatment from any of the above mentioned emergency facilities or any other emergency facility. However, any follow-up care to the emergency treatment must be with a designated health care provider.

D. If you choose to treat with an out of state provider, you may be subject to balance billing.

E. For medical treatment to be paid by your employer:

1. You must select one of the physicians or physician groups listed above.

2. You must continue to visit one of the physicians listed above or any specialist to which that provider refers you, if you need treatment, for Ninety (90) days from the date of your first visit. This requirement is in conformance with the Pennsylvania Workers' Compensation Act, Section 306 (F) (1) (i).

3. After Ninety (90) days, if you still need treatment, you may continue with the same physician or you may choose to go to another physician or health care provider for treatment. If you decide to go to another provider, you must notify your employer of this action within five (5) days of your visit.

4. Your bills will be paid if your physician or healthcare provider reports as required (within ten days after your first visit and at least once a month as long as treatment continues). You must notify the new provider that these reports are to be submitted to the following address:

AmTrust North America P O Box 94405 Cleveland, OH 44101 888-239-3909 Toll Free 678-258-8399 Fax

Eldred, PA 16731

Workers' Compensation Program: Designated Health Care Providers

The following procedures must be followed in case of work related injury or illness:

A. Immediately report the injury to your supervisor.

Any injury you sustain at work must be reported immediately to your supervisor. Failure to do so may delay your benefits or cause you to lose your rights to benefits. Supervisors must promptly report injuries to the appropriate personnel office.

B. Obtain medical care from a provider listed below.

Bowman Health Center

83 S Marvin St Smethport, PA 16749 Shaffer, Mark Allen, DC Chiropractors

3092 Route 155 Port Allegheny, PA 16743 814-642-7236

Urgent Care Clinic

814-887-5395

Coundersport Family Medicine

Urgent Care Clinic 1001 E 2nd St Coudersport, PA 16915 814-274-5255

Wilkey, Keith, MD

Orthopedic Surgery 195 Pleasant St Unit 5 Bradford, PA 16701 814-362-5701

One Call Care Dental

For the nearest location, please call the toll free number. DENTIST 888-539-0577

One Call Medical Diagnostics Requires adjuster approval

Deforno, Donald, M.D.

Donald J. Deforno MD

Orthopedic Surgery

700 South Ave

Bradford, PA 16701

814-368-7066 **UPMC** Kane

Occupational Medicine

4372 Route 6

Kane, PA 16735

814-837-8585

DIAGNOSTICS 800-872-2875

Optum

Available at any major pharmacy PHARMACY 866-599-5426

MedRisk

Requires adjuster approval PHYSICAL THERAPY 800-225-9675

Hospital

For Emergency Services, please go to the nearest hospital, HOSPITAL

(FOR EMERGENCY SERVICES ONLY)

C. Medical Emergency:

If you are faced with a medical emergency, you may secure initial emergency treatment from any of the above mentioned emergency facilities or any other emergency facility. However, any follow-up care to the emergency treatment must be with a designated health care provider.

- D. If you choose to treat with an out of state provider, you may be subject to balance billing.
- E. For medical treatment to be paid by your employer:

1. You must select one of the physicians or physician groups listed above.

2. You must continue to visit one of the physicians listed above or any specialist to which that provider refers you, if you need treatment, for Ninety (90) days from the date of your first visit. This requirement is in conformance with the Pennsylvania Workers' Compensation Act, Section 306 (F) (1) (i).

3. After Ninety (90) days, if you still need treatment, you may continue with the same physician or you may choose to go to another physician or health care provider for treatment. If you decide to go to another provider, you must notify your employer of this action

within five (5) days of your visit.

4. Your bills will be paid if your physician or healthcare provider reports as required (within ten days after your first visit and at least once a month as long as treatment continues). You must notify the new provider that these reports are to be submitted to the following address:

> AmTrust North America P O Box 94405 Cleveland, OH 44101 888-239-3909 Toll Free 678-258-8399 Fax

Emporium, PA 15834 Workers' Compensation Program: Designated Health Care Providers

The following procedures must be followed in case of work related injury or illness:

A. Immediately report the injury to your supervisor.

Any injury you sustain at work must be reported immediately to your supervisor. Failure to do so may delay your benefits or cause you to lose your rights to benefits. Supervisors must promptly report injuries to the appropriate personnel office.

B. Obtain medical care from a provider listed below.

Emporium Health Center Urgent Care Clinic

288 Sizerville Rd Emporium, PA 15834 814-486-0810

Rhode Island Medical Services

Orthopedic Surgery 761 Johnsonburg Rd Ste 210 Saint Marys, PA 15857 814-834-7163

Optum

Available at any major pharmacy PHARMACY 866-599-5426

MedRisk

Requires adjuster approval PHYSICAL THERAPY 800-225-9675

Rolley Jr, Ronald J., DC Rolley Family Chiropractic Rolley Jr Family Chiropractic Chiropractors 628 S Saint Marvs St

Saint Marys, PA 15857 814-834-1045

Bowman Health Center

Urgent Care Clinic 83 S Marvin St Smethport, PA 16749 814-887-5395

One Call Care Dental

For the nearest location, please call the toll free number. DENTIST 888-539-0577

Hospital

For Emergency Services, please go to the nearest hospital. HOSPITAL (FOR EMERGENCY SERVICES ONLY)

C. Medical Emergency:

If you are faced with a medical emergency, you may secure initial emergency treatment from any of the above mentioned emergency facilities or any other emergency facility. However, any follow-up care to the emergency treatment must be with a designated health care provider.

- D. If you choose to treat with an out of state provider, you may be subject to balance billing.
- E. For medical treatment to be paid by your employer:

1. You must select one of the physicians or physician groups listed above.

2. You must continue to visit one of the physicians listed above or any specialist to which that provider refers you, if you need treatment, for Ninety (90) days from the date of your first visit. This requirement is in conformance with the Pennsylvania Workers' Compensation Act, Section 306 (F) (1) (i).

3. After Ninety (90) days, if you still need treatment, you may continue with the same physician or you may choose to go to another physician or health care provider for treatment. If you decide to go to another provider, you must notify your employer of this action within five (5) days of your visit.

4. Your bills will be paid if your physician or healthcare provider reports as required (within ten days after your first visit and at least once a month as long as treatment continues). You must notify the new provider that these reports are to be submitted to the following address:

> AmTrust North America P O Box 94405 Cleveland, OH 44101 888-239-3909 Toll Free 678-258-8399 Fax

*For medical groups, all providers are eligible to render medical services.

Baker, Robert D. Orthopedic Surgery 761 Johnsonburg Rd Saint Marys, PA 15857 814-788-8188

UPMC Kane Occupational Medicine 4372 Route 6 Kane, PA 16735 814-837-8585

One Call Medical Diagnostics Requires adjuster approval DIAGNOSTICS 800-872-2875

Johnsonburg, PA 15845 Workers' Compensation Program: Designated Health Care Providers

The following procedures must be followed in case of work related injury or illness:

A. Immediately report the injury to your supervisor.

Any injury you sustain at work must be reported immediately to your supervisor. Failure to do so may delay your benefits or cause you to lose your rights to benefits. Supervisors must promptly report injuries to the appropriate personnel office.

B. Obtain medical care from a provider listed below.

Fralick, Cheyenne L., DC Chiropractors 205 Main St Ridgway, PA 15853 814-772-6903

Rhode Island Medical Services

Orthopedic Surgery 761 Johnsonburg Rd Ste 210 Saint Marys, PA 15857 814-834-7163

Optum

Available at any major pharmacy PHARMACY 866-599-5426

MedRisk

Requires adjuster approval PHYSICAL THERAPY 800-225-9675

Elk Regional Health Center Outpatient

Urgent Care Clinic 104 Metoxet St Ridgway, PA 15853 814-788-5534

UPMC Kane

Occupational Medicine 4372 Route 6 Kane, PA 16735 814-837-8585

One Call Care Dental

For the nearest location, please call the toll free number. DENTIST 888-539-0577

Hospital

For Emergency Services, please go to the nearest hospital. HOSPITAL (FOR EMERGENCY SERVICES ONLY)

C. Medical Emergency:

If you are faced with a medical emergency, you may secure initial emergency treatment from any of the above mentioned emergency facilities or any other emergency facility. However, any follow-up care to the emergency treatment must be with a designated health care provider.

- D. If you choose to treat with an out of state provider, you may be subject to balance billing.
- E. For medical treatment to be paid by your employer:
 - You must select one of the physicians or physician groups listed above.
 - 2. You must continue to visit one of the physicians listed above or any specialist to which that provider refers you, if you need treatment, for Ninety (90) days from the date of your first visit. This requirement is in conformance with the Pennsylvania Workers' Compensation Act, Section 306 (F) (1) (i).
 - 3. After Ninety (90) days, if you still need treatment, you may continue with the same physician or you may choose to go to another physician or health care provider for treatment. If you decide to go to another provider, you must notify your employer of this action within five (5) days of your visit.
 - 4. Your bills will be paid if your physician or healthcare provider reports as required (within ten days after your first visit and at least once a month as long as treatment continues). You must notify the new provider that these reports are to be submitted to the following address:

AmTrust North America P O Box 94405 Cleveland, OH 44101 888-239-3909 Toll Free 678-258-8399 Fax

*For medical groups, all providers are eligible to render medical services.

Baker, Robert D. Orthopedic Surgery 761 Johnsonburg Rd Saint Marys, PA 15857 814-788-8188

Bowman Health Center

Urgent Care Clinic 83 S Marvin St Smethport, PA 16749 814-887-5395

One Call Medical Diagnostics

Requires adjuster approval DIAGNOSTICS 800-872-2875

Kane, PA 16735

Workers' Compensation Program: Designated Health Care Providers

The following procedures must be followed in case of work related injury or illness:

A. Immediately report the injury to your supervisor.

Any injury you sustain at work must be reported immediately to your supervisor. Failure to do so may delay your benefits or cause you to lose your rights to benefits. Supervisors must promptly report injuries to the appropriate personnel office.

B. Obtain medical care from a provider listed below.

UPMC Kane

Occupational Medicine 4372 Route 6 Kane, PA 16735 814-837-8585 **Bowman Health Center**

Urgent Care Clinic 83 S Marvin St Smethport, PA 16749 814-887-5395 Deforno, Donald, M.D. Donald J. Deforno MD

Orthopedic Surgery 700 South Ave Bradford, PA 16701 814-368-7066

Fralick, Cheyenne L., DC

Chiropractors 205 Main St Ridgway, PA 15853 814-772-6903 Elk Regional Health Center Outpatient

Urgent Care Clinic 104 Metoxet St Ridgway, PA 15853 814-788-5534 **Rhode Island Medical Services**

Orthopedic Surgery 761 Johnsonburg Rd Ste 210 Saint Marys, PA 15857 814-834-7163

Optum

Available at any major pharmacy
PHARMACY
866-599-5426

One Call Care Dental

For the nearest location, please call the toll free number.

DENTIST

888-539-0577

One Call Medical Diagnostics

Requires adjuster approval DIAGNOSTICS 800-872-2875

MedRisk

Requires adjuster approval PHYSICAL THERAPY 800-225-9675 Hospital

For Emergency Services, please go to the nearest hospital. HOSPITAL

(FOR EMERGENCY SERVICES ONLY)

C. Medical Emergency:

If you are faced with a medical emergency, you may secure initial emergency treatment from any of the above mentioned emergency facilities or any other emergency facility. However, any follow-up care to the emergency treatment must be with a designated health care provider.

- D. If you choose to treat with an out of state provider, you may be subject to balance billing.
- E. For medical treatment to be paid by your employer:

1. You must select one of the physicians or physician groups listed above.

2. You must continue to visit one of the physicians listed above or any specialist to which that provider refers you, if you need treatment, for Ninety (90) days from the date of your first visit. This requirement is in conformance with the Pennsylvania Workers' Compensation Act, Section 306 (F) (1) (i).

3. After Ninety (90) days, if you still need treatment, you may continue with the same physician or you may choose to go to another physician or health care provider for treatment. If you decide to go to another provider, you must notify your employer of this action

within five (5) days of your visit.

4. Your bills will be paid if your physician or healthcare provider reports as required (within ten days after your first visit and at least once a month as long as treatment continues). You must notify the new provider that these reports are to be submitted to the following address:

AmTrust North America P O Box 94405 Cleveland, OH 44101 888-239-3909 Toll Free 678-258-8399 Fax

Kersey, PA 15846

Workers' Compensation Program: Designated Health Care Providers

The following procedures must be followed in case of work related injury or illness:

A. Immediately report the injury to your supervisor.

Any injury you sustain at work must be reported immediately to your supervisor. Failure to do so may delay your benefits or cause you to lose your rights to benefits. Supervisors must promptly report injuries to the appropriate personnel office.

B. Obtain medical care from a provider listed below.

Keebler, Benjamin

Keebler Chiropractic PC Chiropractors 1194 Million Dollar Hwy Kersey, PA 15846 814-834-6056 Baker, Robert D.
Orthopedic Surgery
761 Johnsonburg Rd

Saint Marys, PA 15857 814-788-8188 **Rhode Island Medical Services**

Orthopedic Surgery
761 Johnsonburg Rd Ste 210
Saint Marys, PA 15857
814-834-7163

Elk Regional Health Center Outpatient

Urgent Care Clinic 104 Metoxet St Ridgway, PA 15853 814-788-5534 MedExpress Urgent Care Urgent Care Clinic 655 E Dubois Ave

Dubois, PA 15801 814-371-6164 UPMC Kane

Occupational Medicine 4372 Route 6 Kane, PA 16735 814-837-8585

Tyrone Hospital

Occupational Medicine 187 Hospital Dr Tyrone, PA 16686 814-684-1255

Optum

Available at any major pharmacy PHARMACY 866-599-5426 One Call Care Dental

For the nearest location, please call the toll free number, DENTIST 888-539-0577 One Call Medical Diagnostics Requires adjuster approval

quires adjuster approval DIAGNOSTICS 800-872-2875

MedRisk

Requires adjuster approval PHYSICAL THERAPY 800-225-9675 Hospital

For Emergency Services, please go to the nearest hospital.

HOSPITAL

(FOR EMERGENCY SERVICES ONLY)

C. Medical Emergency:

If you are faced with a medical emergency, you may secure initial emergency treatment from any of the above mentioned emergency facilities or any other emergency facility. However, any follow-up care to the emergency treatment must be with a designated health care provider.

- D. If you choose to treat with an out of state provider, you may be subject to balance billing.
- E. For medical treatment to be paid by your employer:
 - 1. You must select one of the physicians or physician groups listed above.
 - 2. You must continue to visit one of the physicians listed above or any specialist to which that provider refers you, if you need treatment, for Ninety (90) days from the date of your first visit. This requirement is in conformance with the Pennsylvania Workers' Compensation Act, Section 306 (F) (1) (i).
 - 3. After Ninety (90) days, if you still need treatment, you may continue with the same physician or you may choose to go to another physician or health care provider for treatment. If you decide to go to another provider, you must notify your employer of this action within five (5) days of your visit.
 - 4. Your bills will be paid if your physician or healthcare provider reports as required (within ten days after your first visit and at least once a month as long as treatment continues). You must notify the new provider that these reports are to be submitted to the following address:

AmTrust North America P O Box 94405 Cleveland, OH 44101 888-239-3909 Toll Free 678-258-8399 Fax

Port Allegany, PA 16743 Workers' Compensation Program: Designated Health Care Providers

The following procedures must be followed in case of work related injury or illness:

A. Immediately report the injury to your supervisor.

Any injury you sustain at work must be reported immediately to your supervisor. Failure to do so may delay your benefits or cause you to lose your rights to benefits. Supervisors must promptly report injuries to the appropriate personnel office.

Coundersport Family Medicine

Urgent Care Clinic

1001 E 2nd St

Coudersport, PA 16915

814-274-5255

UPMC Kane

Occupational Medicine

4372 Route 6

Kane, PA 16735

814-837-8585

One Call Medical Diagnostics

Requires adjuster approval

DIAGNOSTICS

800-872-2875

B. Obtain medical care from a provider listed below.

Shaffer, Mark Allen, DC Chiropractors 3092 Route 155 Port Allegheny, PA 16743 814-642-7236

Deforno, Donald, M.D. Donald J. Deforno MD Orthopedic Surgery 700 South Ave Bradford, PA 16701 814-368-7066

Optum
Available at any major pharmacy
PHARMACY
866-599-5426

MedRisk Requires adjuster approval PHYSICAL THERAPY 800-225-9675 Bowman Health Center Urgent Care Clinic 83 S Marvin St Smethport, PA 16749 814-887-5395

Wilkey, Keith, MD Orthopedic Surgery 195 Pleasant St Unit 5 Bradford, PA 16701 814-362-5701

One Call Care Dental
For the nearest location, please call the toll free number.

DENTIST

888-539-0577

Hospital
For Emergency Services, please go to the nearest hospital.

HOSPITAL

(FOR EMERGENCY SERVICES ONLY)

C. Medical Emergency:

If you are faced with a medical emergency, you may secure initial emergency treatment from any of the above mentioned emergency facilities or any other emergency facility. However, any follow-up care to the emergency treatment must be with a designated health care provider.

- D. If you choose to treat with an out of state provider, you may be subject to balance billing.
- E. For medical treatment to be paid by your employer:
 - 1. You must select one of the physicians or physician groups listed above.

2. You must continue to visit one of the physicians listed above or any specialist to which that provider refers you, if you need treatment, for Ninety (90) days from the date of your first visit. This requirement is in conformance with the Pennsylvania Workers' Compensation Act, Section 306 (F) (1) (i).

3. After Ninety (90) days, if you still need treatment, you may continue with the same physician or you may choose to go to another physician or health care provider for treatment. If you decide to go to another provider, you must notify your employer of this action within five (5) days of your visit.

4. Your bills will be paid if your physician or healthcare provider reports as required (within ten days after your first visit and at least once a month as long as treatment continues). You must notify the new provider that these reports are to be submitted to the following address:

AmTrust North America P O Box 94405 Cleveland, OH 44101 888-239-3909 Toll Free 678-258-8399 Fax

Ridgway, PA 15853 Workers' Compensation Program: Designated Health Care Providers

The following procedures must be followed in case of work related injury or illness:

A. Immediately report the injury to your supervisor.

Any injury you sustain at work must be reported immediately to your supervisor. Failure to do so may delay your benefits or cause you to lose your rights to benefits. Supervisors must promptly report injuries to the appropriate personnel office.

B. Obtain medical care from a provider listed below.

Fralick, Cheyenne L., DC Chiropractors 205 Main St Ridgway, PA 15853 814-772-6903

Rhode Island Medical Services

Orthopedic Surgery
761 Johnsonburg Rd Ste 210
Saint Marys, PA 15857
814-834-7163

Optum

Available at any major pharmacy
PHARMACY
866-599-5426

MedRisk

Requires adjuster approval PHYSICAL THERAPY 800-225-9675 Elk Regional Health Center Outpatient

Urgent Care Clinic 104 Metoxet St Ridgway, PA 15853 814-788-5534

UPMC Kane

Occupational Medicine 4372 Route 6 Kane, PA 16735 814-837-8585

One Call Care Dental

For the nearest location, please call the toll free number.

DENTIST
888-539-0577

Hospital

For Emergency Services, please go to the nearest hospital.

HOSPITAL

(FOR EMERGENCY SERVICES ONLY)

Baker, Robert D. Orthopedic Surgery 761 Johnsonburg Rd Saint Marys, PA 15857 814-788-8188

MedExpress Urgent Care
Urgent Care Clinic

655 E Dubois Ave Dubois, PA 15801 814-371-6164

One Call Medical Diagnostics

Requires adjuster approval DIAGNOSTICS 800-872-2875

C. Medical Emergency:

If you are faced with a medical emergency, you may secure initial emergency treatment from any of the above mentioned emergency facilities or any other emergency facility. However, any follow-up care to the emergency treatment must be with a designated health care provider.

- D. If you choose to treat with an out of state provider, you may be subject to balance billing.
- E. For medical treatment to be paid by your employer:

1. You must select one of the physicians or physician groups listed above.

2. You must continue to visit one of the physicians listed above or any specialist to which that provider refers you, if you need treatment, for Ninety (90) days from the date of your first visit. This requirement is in conformance with the Pennsylvania Workers' Compensation Act, Section 306 (F) (1) (i).

3. After Ninety (90) days, if you still need treatment, you may continue with the same physician or you may choose to go to another physician or health care provider for treatment. If you decide to go to another provider, you must notify your employer of this action within five (5) days of your visit.

4. Your bills will be paid if your physician or healthcare provider reports as required (within ten days after your first visit and at least once a month as long as treatment continues). You must notify the new provider that these reports are to be submitted to the following address:

AmTrust North America P O Box 94405 Cleveland, OH 44101 888-239-3909 Toll Free 678-258-8399 Fax

Shinglehouse, PA 16748 Workers' Compensation Program: Designated Health Care Providers

The following procedures must be followed in case of work related injury or illness:

A. Immediately report the injury to your supervisor.

Any injury you sustain at work must be reported immediately to your supervisor. Failure to do so may delay your benefits or cause you to lose your rights to benefits. Supervisors must promptly report injuries to the appropriate personnel office.

B. Obtain medical care from a provider listed below.

Shaffer, Mark Allen, DC Chiropractors 3092 Route 155 Port Allegheny, PA 16743 814-642-7236

Deforno, Donald, M.D. Donald J. Deforno MD Orthopedic Surgery 700 South Ave Bradford, PA 16701 814-368-7066

Optum
Available at any major pharmacy
PHARMACY
866-599-5426

MedRisk Requires adjuster approval PHYSICAL THERAPY 800-225-9675 Coundersport Family Medicine
Urgent Care Clinic
1001 E 2nd St
Coudersport, PA 16915

814-274-5255

Wilkey, Keith, MD Orthopedic Surgery 195 Pleasant St Unit 5 Bradford, PA 16701 814-362-5701

One Call Care Dental
For the nearest location, please call the toll free number.

DENTIST

888-539-0577

Hospital
For Emergency Services, please go to the nearest hospital.

HOSPITAL

(FOR EMERGENCY SERVICES ONLY)

Bowman Health Center Urgent Care Clinic 83 S Marvin St Smethport, PA 16749 814-887-5395

UPMC Kane Occupational Medicine 4372 Route 6 Kane, PA 16735 814-837-8585

One Call Medical Diagnostics Requires adjuster approval DIAGNOSTICS 800-872-2875

C. Medical Emergency:

If you are faced with a medical emergency, you may secure initial emergency treatment from any of the above mentioned emergency facilities or any other emergency facility. However, any follow-up care to the emergency treatment must be with a designated health care provider.

- D. If you choose to treat with an out of state provider, you may be subject to balance billing.
- E. For medical treatment to be paid by your employer:

1. You must select one of the physicians or physician groups listed above.

2. You must continue to visit one of the physicians listed above or any specialist to which that provider refers you, if you need treatment, for Ninety (90) days from the date of your first visit. This requirement is in conformance with the Pennsylvania Workers' Compensation Act, Section 306 (F) (1) (i).

3. After Ninety (90) days, if you still need treatment, you may continue with the same physician or you may choose to go to another physician or health care provider for treatment. If you decide to go to another provider, you must notify your employer of this action within five (5) days of your visit.

4. Your bills will be paid if your physician or healthcare provider reports as required (within ten days after your first visit and at least once a month as long as treatment continues). You must notify the new provider that these reports are to be submitted to the following address:

AmTrust North America P O Box 94405 Cleveland, OH 44101 888-239-3909 Toll Free 678-258-8399 Fax

Smethport, PA 16749 Workers' Compensation Program: Designated Health Care Providers

The following procedures must be followed in case of work related injury or illness:

A. Immediately report the injury to your supervisor.

Any injury you sustain at work must be reported immediately to your supervisor. Failure to do so may delay your benefits or cause you to lose your rights to benefits. Supervisors must promptly report injuries to the appropriate personnel office.

B. Obtain medical care from a provider listed below.

Bowman Health Center Urgent Care Clinic 83 S Marvin St Smethport, PA 16749 814-887-5395

Shaffer, Mark Allen, DC Chiropractors 3092 Route 155 Port Allegheny, PA 16743 814-642-7236

Optum Available at any major pharmacy PHARMACY 866-599-5426

MedRisk Requires adjuster approval PHYSICAL THERAPY 800-225-9675

Deforno, Donald, M.D. Donald J. Deforno MD Orthopedic Surgery 700 South Ave Bradford, PA 16701 814-368-7066

Wilkey, Keith, MD Orthopedic Surgery 195 Pleasant St Unit 5 Bradford, PA 16701 814-362-5701

One Call Care Dental For the nearest location, please call the toll free number. DENTIST 888-539-0577

Hospital For Emergency Services, please go to the nearest hospital. HOSPITAL (FOR EMERGENCY SERVICES ONLY)

UPMC Kane Occupational Medicine 4372 Route 6 Kane, PA 16735 814-837-8585

Emporium Health Center Urgent Care Clinic 288 Sizerville Rd Emporium, PA 15834 814-486-0810

> One Call Medical Diagnostics Requires adjuster approval DIAGNOSTICS 800-872-2875

C. Medical Emergency:

If you are faced with a medical emergency, you may secure initial emergency treatment from any of the above mentioned emergency facilities or any other emergency facility. However, any follow-up care to the emergency treatment must be with a designated health care provider.

- D. If you choose to treat with an out of state provider, you may be subject to balance billing.
- E. For medical treatment to be paid by your employer:

1. You must select one of the physicians or physician groups listed above.

2. You must continue to visit one of the physicians listed above or any specialist to which that provider refers you, if you need treatment, for Ninety (90) days from the date of your first visit. This requirement is in conformance with the Pennsylvania Workers' Compensation Act, Section 306 (F) (1) (i).

3. After Ninety (90) days, if you still need treatment, you may continue with the same physician or you may choose to go to another physician or health care provider for treatment. If you decide to go to another provider, you must notify your employer of this action within five (5) days of your visit.

4. Your bills will be paid if your physician or healthcare provider reports as required (within ten days after your first visit and at least once a month as long as treatment continues). You must notify the new provider that these reports are to be submitted to the following address:

> AmTrust North America P O Box 94405 Cleveland, OH 44101 888-239-3909 Toll Free 678-258-8399 Fax

St. Marys, PA 15857 Workers' Compensation Program: Designated Health Care Providers

The following procedures must be followed in case of work related injury or illness:

A. Immediately report the injury to your supervisor.

Any injury you sustain at work must be reported immediately to your supervisor. Failure to do so may delay your benefits or cause you to lose your rights to benefits. Supervisors must promptly report injuries to the appropriate personnel office.

B. Obtain medical care from a provider listed below.

Rolley Jr, Ronald J., DC
Rolley Family Chiropractic
Rolley Jr Family Chiropractic
Chiropractors
628 S Saint Marys St
Saint Marys, PA 15857
814-834-1045

Baker, Robert D. Orthopedic Surgery 761 Johnsonburg Rd Saint Marys, PA 15857 814-788-8188 Rhode Island Medical Services Orthopedic Surgery 761 Johnsonburg Rd Ste 210 Saint Marys, PA 15857 814-834-7163

Elk Regional Health Center Outpatient

Urgent Care Clinic 104 Metoxet St Ridgway, PA 15853 814-788-5534 Emporium Health Center Urgent Care Clinic 288 Sizerville Rd Emporium, PA 15834 814-486-0810 UPMC Kane Occupational Medicine 4372 Route 6 Kane, PA 16735 814-837-8585

Optum

Available at any major pharmacy PHARMACY 866-599-5426 One Call Care Dental
For the nearest location, please call the toll free number,

DENTIST

888-539-0577

One Call Medical Diagnostics
Requires adjuster approval
DIAGNOSTICS
800-872-2875

MedRisk

Requires adjuster approval PHYSICAL THERAPY 800-225-9675 Hospital

For Emergency Services, please go to the nearest hospital.

HOSPITAL

(FOR EMERGENCY SERVICES ONLY)

C. Medical Emergency:

If you are faced with a medical emergency, you may secure initial emergency treatment from any of the above mentioned emergency facilities or any other emergency facility. However, any follow-up care to the emergency treatment must be with a designated health care provider.

- D. If you choose to treat with an out of state provider, you may be subject to balance billing.
- E. For medical treatment to be paid by your employer:

1. You must select one of the physicians or physician groups listed above.

2. You must continue to visit one of the physicians listed above or any specialist to which that provider refers you, if you need treatment, for Ninety (90) days from the date of your first visit. This requirement is in conformance with the Pennsylvania Workers' Compensation Act, Section 306 (F) (1) (i).

3. After Ninety (90) days, if you still need treatment, you may continue with the same physician or you may choose to go to another physician or health care provider for treatment. If you decide to go to another provider, you must notify your employer of this action within five (5) days of your visit.

4. Your bills will be paid if your physician or healthcare provider reports as required (within ten days after your first visit and at least once a month as long as treatment continues). You must notify the new provider that these reports are to be submitted to the following address:

AmTrust North America P O Box 94405 Cleveland, OH 44101 888-239-3909 Toll Free 678-258-8399 Fax

Ulvsses, PA 16948 Workers' Compensation Program: Designated Health Care Providers

The following procedures must be followed in case of work related injury or illness:

A. Immediately report the injury to your supervisor.

Any injury you sustain at work must be reported immediately to your supervisor. Failure to do so may delay your benefits or cause you to lose your rights to benefits. Supervisors must promptly report injuries to the appropriate personnel office.

B. Obtain medical care from a provider listed below.

Westfield Health Center Urgent Care Clinic

222 Church St Westfield, PA 16950 814-367-5971

UPMC Susquehanna Lock Haven

Occupational Medicine 24 Cree Dr Lock Haven, PA 17745 570-893-5000

Optum

Available at any major pharmacy PHARMACY 866-599-5426

MedRisk

Requires adjuster approval PHYSICAL THERAPY 800-225-9675

Coundersport Family Medicine

Urgent Care Clinic 1001 E 2nd St Coudersport, PA 16915 814-274-5255

Dimitroulias, Apostolos, MD

Lock Haven Clinic Orthopedic Surgery 24 Cree Dr Ste A Lock Haven, PA 17745 570-893-5437

One Call Care Dental

For the nearest location, please call the toll free number. DENTIST 888-539-0577

Hospital

For Emergency Services, please go to the nearest hospital. HOSPITAL

(FOR EMERGENCY SERVICES ONLY)

C. Medical Emergency:

If you are faced with a medical emergency, you may secure initial emergency treatment from any of the above mentioned emergency facilities or any other emergency facility. However, any follow-up care to the emergency treatment must be with a designated health care provider.

- D. If you choose to treat with an out of state provider, you may be subject to balance billing.
- E. For medical treatment to be paid by your employer:
 - 1. You must select one of the physicians or physician groups listed above.
 - 2. You must continue to visit one of the physicians listed above or any specialist to which that provider refers you, if you need treatment, for Ninety (90) days from the date of your first visit. This requirement is in conformance with the Pennsylvania Workers' Compensation Act, Section 306 (F) (1) (i).
 - 3. After Ninety (90) days, if you still need treatment, you may continue with the same physician or you may choose to go to another physician or health care provider for treatment. If you decide to go to another provider, you must notify your employer of this action within five (5) days of your visit.
 - 4. Your bills will be paid if your physician or healthcare provider reports as required (within ten days after your first visit and at least once a month as long as treatment continues). You must notify the new provider that these reports are to be submitted to the following address:

AmTrust North America P O Box 94405 Cleveland, OH 44101 888-239-3909 Toll Free 678-258-8399 Fax

*For medical groups, all providers are eligible to render medical services.

Bull, Lisa L., DC Chiropractors 223 Tioga St Wellsboro, PA 16901 570-723-5000

Sefter, John, DO Lock Haven Clinic Orthopedic Surgery 24 Cree Dr Ste A Lock Haven, PA 17745 570-893-5126

One Call Medical Diagnostics Requires adjuster approval DIAGNOSTICS 800-872-2875